

Physica Radio Field Notes

Dr. Stephen H. Atkins

Good afternoon everyone! It's Wednesday at lunchtime and that means it's time for 'Field Notes'. My name is Dr. Stephen Atkins and I am your host for this weekly recurring lunchtime segment. I want to thank you all for being here, for tuning in. I'm really excited to be here. I love doing these segments and so let's get right to it.

I want to talk today about a patient who came to me recently who suffers from breast cancer and I asked her about her dental health as I do with everyone when I'm taking their history. You know they say that the eyes are the windows to the soul and the teeth are the windows to the health of the body!

So, when I was asking her about her dental history she told me that she had really neglected her teeth (like a lot of our patients do!). She wasn't going for her normal check ups; she was neglectful about flossing and getting regular cleanings. She then told me that she had a tooth that was bothering her. As it turns out it was tooth #20 in the US numbering system; one of the bottom right molars. You may already know that each tooth sits on an acupuncture meridian site and these acupuncture sites correspond to different parts of the body.

There's actually a great little diagram that Dr. Cass has upgraded and made current, available from the people at Physica Energetics in Clackamas, Oregon or if you are dealing with the people up in Canada you can call and they will send one to you. It is called the *BioEnergetic Medicine Relationships for Dental and Meridian Pathways* and this is a great little chart which I use all the time with my patients. It clearly shows the inter-relationship between every tooth and the acupuncture sites that it sits on. This is invaluable as it points to so many wonderful causal chain perspectives related to specific conditions, acupuncture meridians, organs, hormones, joints, muscles, emotional and mental factors and other sensory organs.

Some of you might remember Dr. Cass telling us that he has taught a number of dentists in Europe who treated their catastrophically ill patients using electrodermal screening to energetically diagnose directly through the teeth or odontoma pathways. By the way, Physica Energetics also has this in a wall size version which I suggest you purchase.

So when I found out that it was this tooth on this meridian, I told her about another patient with a similar pattern. I have a friend who is a biological dentist with a very

busy practice in Fairfax, Virginia. And this friend told a story that was really remarkable. A woman come to him that was suffering from breast cancer and her physician referred the patient to him, because her dental health was a mess. When he did his initial exam he found that the woman had a problem with a tooth sitting directly on the breast meridian. A root canal had gone bad - which many, if not all of them (!!!!), do...! So, he extracted the tooth and cleaned it out, removing all the necrotic bone tissue that was in there and sent her on her way. She come back several weeks later and reported that at her oncology follow up visit it was noted that her breast tumour had diminished in size to almost half of what it was. Some time later her tumour had completely disappeared. And I just thought this was remarkable!

Now is there a relationship between the removal of the infected tooth on the breast meridian, and the shrinking disappearance of the tumour....? Many biological dentists, BioEnergetically inclined Medical and Naturopathic physicians, Acupuncturists, EAV specialists and docs who use Regulation Thermography would argue that there definitely is! So does that mean every time you have a dental problem then there is your answer to getting rid of cancer? I'm not suggesting that... but I will say there is a definite relationship. It really emphasizes how powerful and precise the meridian pathways are.

I just referred to Biological Dentistry. Now Biological Dentistry is a holistic approach

that acknowledges that dental work not only affects the teeth, mouth, gums, the jaw, but influences the entire body and the health of the individual, physically, mentally and emotionally. Things like root canal therapy, neuralgia induced cavitational osteonecrosis (also known as NICO's), amalgam dental fillings, non-precious dental alloys like chromium, cobalt, beryllium and nickel, are a few examples that create interferences or a disturbances in the fields of meridian pathways that leads to imbalances in the corresponding organ sites.

Now how does a biological dentist define or differ from a non-biological dentist? Well a biological dentist will focus on treating with therapies using non toxic and biocompatible substances, chosen for the individual, to ultimately support the immune system and bring about a cure. Typically most non-biological dentists are just concerned with "filling and billing"!

People may say, "Well, what does bio-compatibility mean?" Here's the deal. There are many toxic substances that traditional dentistry uses. However, if you go to a holistic dentist or a biological dentist, they can do something called the Serum Compatibility Test. This is where they draw your blood and do an allergy screening test to challenge all the various dental materials to see if your body has a reaction to them. Not a lot of traditional guys will do this, but every true biological dentist will absolutely do it. An increasing large number of dentists are using EAV or

electrodermal screening as an in-house assessment tool to do the same thing, which actually has been shown to be of equal value, immediate and more economical. I know a number of you listening use these instruments and have been doing bio-compatibility testing for some time now. So if you are reacting to any one of these dental substances it can create a whole series of immune imbalances and very quickly creates obstacles to cure in the body.

Let's briefly look at amalgam fillings. Originally called silver fillings, they are actually made up as 50% mercury and 30% silver, and then there is zinc and tin added and other metals in there too. Interestingly enough, mercury is a very, very toxic non-radioactive metal. I believe it is one of the most toxic metals on the planet. It is so toxic that (I'll give you a little example) if you took a mercury thermometer and you broke it open and the mercury spilled into a lake that was 10 acres in size (that is a pretty large size lake, actually larger than the farm I live on) and if you put it in there, the EPA would shut the lake down and they would say, "you cannot swim or fish in here". Yet traditional dentists still find it ok to put this stuff in your mouth! You know, it gets shipped to the dental office in a hazardous waste container and any left over mercury amalgam leaves in the hazardous waste container, but it is ok to put it in your mouth! Go figure, right?

You know I talked a couple of weeks ago about mercury and its relationship to

glutathione. Remember: *each molecule of mercury in the body gobbles up a molecule of glutathione.* It really has a huge impact on the liver, because as you know, glutathione is made by the liver and protects our bodies against oxidation.

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Back to the fillings.... Any time you have 2 dissimilar metals in a saline solution, you have a battery! Now that can happen in your mouth. If you have mercury and silver and you may have a gold bridge, or something else in there from a partial denture or another dental appliance, you have a battery going on in your mouth. And since we are electromagnetic circuits, if you have a battery going on in your mouth you can really cause a lot of different and damaging disturbances in the system.

You know I spoke a little bit last week about how Candida surrounds heavy metals in the body. Any time you have a person with amalgams you have Candida issues.

I started to say that if you have an EAV device you don't necessarily need to have a serum compatibility blood testing done. You can do it on your devices. I have an Avatar and I can easily do dental compatibility and much more of course. It is a great idea to be able to do this and actually if you think about it, it can actually be a great referral source from dentists for new patients. There are about 3 or 4 dentists in my area that I work with and I do a lot of compatibility testing with them and also refer a lot of dental work. So just make sure you have a give and take with your dentist.

If you are sending them people, make sure they send people back to you. You have to have a law of return, giving and receiving, for this to work for all parties! It's not a one way street...

That brings up the question of mercury amalgam removal versus root canal. I really don't want to debate root canals, whether you should have them or not. I personally don't think they are the best thing in the world. It is virtually impossible to clean out the root canal of a tooth. There are over a million micro tubules. Good luck cleaning them all out! I highly recommend you getting a great book by the late Dr. George E. Meinig called, "The Root Canal Cover-up". Dr. Meinig was initially inspired by the work of Dr. Weston Price whom some of you will remember. As an aside, Dr. Meinig was Dr. Cass' family dentist in California... And there is another great book called 'Dentinal Fluid Transport' by Ralph Steinman and John Leonora. Two great books!

So what's the priority here? Do you remove an infected root canal tooth first or do you remove mercury fillings first? You really need to prioritize here and this can be a hard decision to make. You know each individual responds uniquely to the insult of the infection or to the insult of the mercury. There isn't a real clear cut answer to this. Everyone is so biochemically unique. There isn't really a one size fits all application here. Now some individuals may respond more strongly in a negative way to the mercury or to the infection, and vice versa.

Here I use my bioenergetic device to tell me the prioritization of what I should do first. The only exception to this is if there is a deep infectious necrosis in the bone and the patient is in a catastrophic situation. This must be a priority in dentistry and that should be applied first.

FYI, if you have some wiggle room in the time line of a patient's condition YOU MUST start them on the RCCP™ program probably adding in the correct LYMPH remedy, HepataGest, Laminaria and Bio-Omega 3 to help reset the foundation and restore cellular communication pathways BEFORE you send them off to the dentist. Get them established first! This is absolutely central, otherwise you're going to most certainly, translocate toxins into deeper levels and create increasingly serious conditions. Stabilize! Remember: the right remedy or treatment, at the right time, at the right level, in the right sequence. So many docs miss this in their enthusiastic endeavour to fix people quickly and it ALWAYS makes a mess somewhere down the road.... Sometimes, you don't have the luxury of doing this – but if you do, make sure you do!

In Dr. Cass's Academy sessions, (I think it is the third session of the Academy), he teaches in depth about this dental component and the deep infection I was referring to, called NICO. This kind of situation should be taken care of right away particularly in a catastrophic situation. So let's say that you had a patient who's had some work done in their mouth and they've

come to you and you need a little protocol to put together. Let's put together a little primary protocol for them.

The first thing I immediately reach for is Dental-Tox. Now the Dental-Tox can be used with people who've had root canals, NICO's, granulomas, cysts, any type of dental infections, dental metals, and composites and after anyone has had any kind of dental surgery or extractions and any kind of sinus issue. Don't forget the sinus! Sinus-Tox right? And Wild Oregano Oil softgels and Drainage Milieu.

I remember Dr. Cass saying at one of the Academy sessions that Dr. Reinhold Voll (the father of EAV) reported that around 70-80% of illnesses are connected in some way to conditions in the mouth. And I think what he meant was that, all meridians for all major organ systems for the body pass through the mouth and as every tooth sits on an acupuncture meridian site, tooth decay and other conditions of the oral cavity can therefore be considered systemic as they invariably effect the health of the organs and systems to which they are energetically linked. That, and the fact that as Dr. Cass says, every tooth is a living organism and is subject locally to pathogens which refer then exponentially to the rest of the body in the form bacteria, virus', Candida, parasites, Mycoplasmas, etc. Also, let's not forget the structural component! Here's a good tip: check for Heart's Song Milieu Liposome Spray and Pineal Code. Both relate to closed, and other, head injuries, and both relate to deeper

emotional, potentially "transgenerational" trauma. Pineal Code also will help homeopathically remove fluoride out of the pineal gland...

So the Dental-Tox is a powerful homeopathic, homaccord, detoxifier specifically designed to address the toxic burden caused by dental toxicities and their waste materials. The complex blend in this formula includes the most common metals, amalgams, composite materials, anaesthetics, cements, resins, sealers and microbes associated with dental toxicities designed to homeopathically assist in their elimination. There are some homeopathic EDTA chelates in there to pull out heavy metals while cell salts and low potentized Spagyric homeopathic botanicals drain and replenish the damaged tissues. Sarcodes, are also included and as we all know are the 'blueprint' of healthy tissue and healthy secretions designed to aid in tissue repair and support of organs during detoxification and elimination of dental toxins. You know it should be noted here that I always use Drainage Milieu whenever I am using Dental-Tox and of course I always use one of the Lymph drainage remedies, either Lymph 1, 2 or 3. You know I head for the Bacteria-Tox also. I also like the Metal-Tox and the Neuro-Tox too.

I also use a lot of Solray-D Liposome Spray. Solray-D is liposomal vitamin D3, cholecalciferol along with vitamin K2 (the MK7). K2/MK7 pushes calcium back into the bone and away from the arteries! I love that about this product. D3 transforms into

calcitriol, one of the most potent human steroids, and goes after virus', bacteria, Mycoplasmas, stealth virus', etc. Interesting research coming out these days regarding D3 and bowel, breast and prostate cancers. I also reach for the Phyto Lavage Intrinsic, the Phyto Cal-Mag with Boron, the SpectraLyte and the Omega GOLD.

Now the Dental-Tox I dose pretty high, I usually do about 180 drops twice daily or 360 drops total. The Phyto Lavage Intrinsic I actually use in a water pick and I put anywhere between 15 to 30 drops in the water jet and I do that several times a day. You can also put the SpectraLyte in the water jet or water pick along with the Phyto Lavage Intrinsic - great little clinical pearl; there! And the Phyto Cal-Mag with Boron; I give people 4-6 caps at bedtime. The Omega GOLD is 2 caps 3 times daily. Now I also like to reach for some other Intrinsic. I'll reach for the Olive Leaf Intrinsic and Artemisia Intrinsic.

Do not forget the KIDNEYS! Solidago Intrinsic, drains and decongests. Kidney Milieu drains at a homeopathic level. Rena Code is the kidney sarcodes. Rena-Tox will help remove "kidney toxins". Very powerful!

Allium Ursinum (wild bear garlic) is 10x ++ stronger than the kitchen variety garlic found in most remedies. Allium Ursinum will help pull heavy metals out of the brain as will Cilantro Intrinsic. Check the THYROID. Use large amounts of Laminaria to pull heavy metals out of the GI tract and

support the thyroid with natural, synergistic amounts of iodine. Thyro Code directly supports the thyroid as a sarcodes.

As far as the homocord detoxifiers that go along with the Dental-Tox, I'll reach for Can-Tox and the Amoeba-Tox. Remember whenever the body has been stressed by a dental problem it is always going to give you issues with the adrenals; so always, always, always check the adrenals. You'll all remember Dr. Cass saying that, "every thyroid problem is an adrenal problem – every adrenal problem is a thyroid problem – every adrenal and thyroid problem is a pituitary and hypothalamic problem – and all these problems need specific liver attention!!". He's absolutely right!

You know a lot of these dental infections are often hard to get to, because of biofilms that are produced by micro-organisms. One great thing about using the Methyl-B12 Liposome Spray and also the Buffered Magnesium BisGlycinate with L-Taurine is that these products are actually able to penetrate biofilms and this is really key when it comes to dental work.

In one of the more *adventuresome* clinics I worked in years ago, when anyone had some mercury taken out or amalgams removed or were having any type of dental issues, we'd have the patient come in and give them an intravenous infusion of vitamin C before they went to the dentist. And this really does a world of good when you're treating dental patients. Have some vitamin C on board to stimulate immune

function for getting either the mercury amalgams removed or when you are getting your teeth worked on. Physica Energetics' Alkalize-C is buffered so you can use large amounts without bowel tolerance complications. 4 grams per serving! The only caveat here is that you don't want to give Vitamin C if your patient is undergoing a surgical procedure as it potentially can cause excessive bleeding....

Here's a quick Dr. Cass tip for that though: have homeopathic phosphorus 30C on hand during the dental procedure if excessive bleeding is an issue or if stopping the bleeding is proving tricky. You can buy this at any health food store in little pellets. Works great!

Anyways that is about all the time with have right now.... *in a New York minute!*

Hopefully this will get you started or at least remind you of what you may have already known, but forgotten.

I'm Dr. Stephen Atkins and this has been Field Notes and I'll see you next week.